

## A Program for Parents

Learning that your child has a disability or chronic health need can be a difficult experience. Parents have many questions and concerns in coping with their child's need and their own feelings. You are not alone. We have been there.

## Parents Helping Parents

Personal support from another parent, who has a child with similar needs, can be helpful in coping with many challenging experiences and feelings. Helping Parent volunteers have completed a training program and are available to provide support and information to other parents.

All information will be kept confidential. There is no cost for this service.

## Contact Information

**509-764-7424**

**Jennifer Newhouse**  
Program Coordinator  
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**Christie Dieringer**  
Outreach Coordinator  
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## Services Offered

- ◆ Emotional support for parents of children/adults with special needs.
- ◆ Information and referrals to community resources.
- ◆ Trained Helping Parents whose parenting experiences match yours as closely as possible.
- ◆ Social and recreational events.
- ◆ Current information on disabilities, medical conditions and community resources.
- ◆ Training for parents who would like to become Volunteer Helping Parents.
- ◆ Public awareness and outreach training for the community
- ◆ Training/workshops available to parents. Call coordinator for a current training list.

Parent to Parent is a non-profit organization  
any donations are tax deductible :

- ◆ I would like to make a donation \_\_\_\_\_
- ◆ Name \_\_\_\_\_
- ◆ Address \_\_\_\_\_
- ◆ Phone \_\_\_\_\_

## Support, Information, and Fun

### Parent Support Meetings:

**Moses Lake  
&  
Ephrata**

Please call the outreach coordinator or the coordinator for current information on meeting dates, times and places.

Our meetings are time for receiving resources, information, meeting other parents and having fun!

### HELP

#### Home Equipment Loan Program

- ◆ Developmentally appropriate toys, books and educational resource materials.
- ◆ A limited variety of used durable medical equipment.

Donations Welcome

Please contact the coordinator if you would like to make a donation of toys or equipment.

I would like information about : \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Name: \_\_\_\_\_

Phone Number: \_\_\_\_\_

Address: \_\_\_\_\_

\_\_\_\_\_

**Statewide Information**  
**1-800-821-5927**

Washington State Parent to Parent is a network of community programs serving many counties through out the state. Programs have a local Sponsoring Agency and Advisory Board.

*“I am not the only one  
Who has traveled this  
path.  
I will follow the foot-  
prints before me and  
reach back a hand for  
those who come behind.”*



Funding Partners: The Arc of Washington; Department of Health - Children with Special Health Care Needs; and Developmental Disabilities Administration



Local program sponsored by  
Moses Lake Community Health Center

Grant/Adams Parent to Parent  
605 Coolidge Street  
Moses Lake, WA 98837

**Parent to  
Parent  
Support  
Programs**

**Grant and Adams  
Counties**



The Parent to Parent Support Programs provide emotional support and information to families of children with special needs and/or disabilities.

